



Warm up with Tomato Soup

What better way to warm up this winter than with a big bowl of tomato soup? Tomato soup not only warms you from the inside, this yummy soup provides lots of vitamin C and lycopene which has been shown to help fight certain types of cancer. Paired with a deli sandwich or a grilled cheese sandwich, tomato soup is an easy, inexpensive, healthy way to chase away the chill on a cold winter's day.

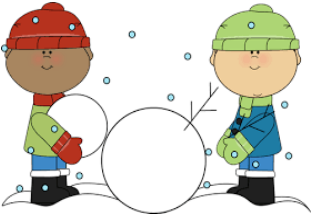


New Year Holiday
January 1-3, 2018

Teacher Professional Days
January 4 and 5, 2018
No school for students

Students return
Monday, January 8, 2018

Martin Luther King, Jr. Day
Monday, January 15, 2018
Holiday for students and staff



Tomato Soup

Tomato Juice – 2 qt. + ¾ c. Beef Base Paste – 1 T. + 1 tsp.
Water – 1 quart Worcestershire Sauce – 1 ½ T.
Tomato Paste – 1/3 c. Sugar – ½ cup
White Pepper – ¼ tsp. Celery Salt – ¼ tsp.
Combine all ingredients in a large soup pot. Bring mixture to a low boil. Reduce heat and cover. Simmer on low heat for at least 15 minutes, stirring often. Serve soup piping hot with whole grain crackers (optional). Yield: 12 – 1 cup servings



A fresh, hot breakfast is offered to everyone each day at your school. Why not give school breakfast a try this year, and while you're in the cafeteria be sure to wish the cafeteria staff a Happy New Year!

EVERY DAY FAVORITES

- Kellogg's™ Pop-tart® twin-pack
- Banana Breakfast Bar
- Breakfast Bun
- Cereals Big CUP
- Yogurt Parfait with Granola topping
- Pillsbury Mini Pancakes
- Pillsbury Cinni Minis



WEEKLY FAVORITES

(Offered weekly in addition to the Every Day Favorites)
Mondays, Tuesdays, Thursdays & Fridays: Sausage or Chicken Biscuit
Wednesdays: Breakfast Pizza or Chicken Biscuit

Choose one FAVORITE from the many different options.
Any favorite you choose comes with fresh fruit, 100% juice, & milk!

LUNCH LINE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
GRAB 'N GO	¹ Vegetable Chili, Crackers 8 ² Clux® Chicken Chunks Vegetables (choose many) BLT Chop Salad, Turn. Greens Black-eyed Peas Fruit (can choose one of each) Fresh Fruit and Fruit Cup	BAKED SUBS 9 ¹ Baked Turkey OR ² Ham SUB each offered with Chips Vegetables (choose many) Fresh Toppings, Carrots w/ dip Fruit (can choose one of each) Orange Wedges and Fruit Cup	BBQ Sandwich 10 offered with Chips Vegetables (choose many) Green Beans, Cole Slaw Fruit (can choose one of each) Fresh Strawberries and Fruit Cup	¹ PBJ 11 ² Deli Chicken Sandwich, L/T/P both offered with Chips Vegetables (choose many) Garden Salad, Steamed Corn Fruit (can choose one of each) Fresh Grapes and Fruit Cup	Slice of Big Daddy's Pizza 12 Vegetables (choose many) Steamed Broccoli Fresh Vegetables Fruit (can choose one of each) Fresh Fruit and Fruit Cup
FOREIGN FLARE & HOME COOKING	¹ Vegetable Chili, Crackers ² Clux® Chicken Chunks Vegetables (choose many) BLT Chop Salad, Turn. Green Black-eyed Peas Fruit (can choose one of each) Fresh Fruit and Fruit Cup	BAKED SUBS ¹ Baked Turkey OR ² Ham SUB each offered with Chips Vegetables (choose many) Fresh Toppings, Carrots w/ dip Fruit (can choose one of each) Orange Wedges and Fruit Cup	<i>Home-Cook'n Plate</i> Pinto Beans, Green Beans, Mashed Potatoes with gravy Homemade School Roll Fruit (can choose one of each) Fresh Strawberries and Fruit Cup	Home-made Lasagna Vegetables (choose many) Garden Salad Steamed Corn Fruit (can choose one of each) Fresh Grapes and Fruit Cup	Slice of Big Daddy's Pizza Vegetables (choose many) Steamed Broccoli Fresh Vegetables Fruit (can choose one of each) Fresh Fruit and Fruit Cup
SOS Salads & Stuff	Salads: Chef or Grilled Chicken with Crackers, Black-eyed Peas Fruit (can choose one of each) Fresh Fruit and Fruit Cup	Salads: Chef or Grilled Chicken with Crackers Fruit (can choose one of each) Orange Wedges and Fruit Cup	Salads: Chef or Grilled Chicken with Crackers Fruit (can choose one of each) Fresh Strawberries and Fruit Cup	Salads: Chef or Chicken and Spinach w/ Crackers Fruit (can choose one of each) Fresh Grapes and Fruit Cup	POTATO BAR (White or Sweet) with cheese, chili, veg, crackers Fruit (can choose one of each) Fresh Fruit and Fruit Cup

LUNCH LINE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
GRAB 'N GO	<i>Martin Luther King, Jr. Day</i> 15 <i>Holiday for all personnel & students</i>	¹ Ham and Cheese Croissant 16 ² PBJ ³ SunButter Sandwich <i>Vegetables (choose many)</i> Tomato Soup, Green Beans <i>Fruit (can choose one of each)</i> Orange Wedges and Fruit Cup	¹ Soft Shell Taco, ² Chicken Fajita <i>both offered with cheese</i> <i>Vegetables (choose many)</i> Fresh Toppings, Steamed Corn <i>Fruit (can choose one of each)</i> Fresh Fruit and Fruit Cup	¹ PBJ ² Clubhouse SUB 18 <i>both offered with Chips</i> <i>Vegetables (choose many)</i> Steamed Broccoli, Celery Sticks <i>Fruit (can choose one of each)</i> Fresh Fruit and Fruit Cup	Stromboli with Pizza Sauce 19 <i>Vegetables (choose many)</i> Turnip Greens Fresh Vegetables <i>Fruit (can choose one of each)</i> Fresh Fruit and Fruit Cup
FOREIGN FLARE & HOME COOKING		¹ Ham and Cheese Croissant ² PBJ ³ SunButter Sandwich <i>Vegetables (choose many)</i> Tomato Soup, Green Beans <i>Fruit (can choose one of each)</i> Orange Wedges and Fruit Cup	¹ Soft Shell Taco, ² Chicken Fajita <i>both offered with cheese</i> <i>Vegetables (choose many)</i> Fresh Toppings, Steamed Corn <i>Fruit (can choose one of each)</i> Fresh Fruit and Fruit Cup	¹ Mandarin Orange Chick., Rice ² General Tso's Chicken, Rice <i>Vegetables (choose many)</i> Steamed Broccoli, Egg Roll <i>Fruit (can choose one of each)</i> Fresh Fruit and Fruit Cup	Stromboli with Pizza Sauce <i>Vegetables (choose many)</i> Turnip Greens Fresh Vegetables <i>Fruit (can choose one of each)</i> Fresh Fruit and Fruit Cup
SOS Salads & Stuff		Salads: Chef or Grilled Chicken with Crackers <i>Fruit (can choose one of each)</i> Oranges Wedges and Fruit Cup	Salads: Chef or Grilled Chicken with Crackers, Pinto Beans <i>Fruit (can choose one of each)</i> Fresh Fruit and Fruit Cup	Salads: Chef or Chicken and Spinach with Crackers <i>Fruit (can choose one of each)</i> Fresh Fruit and Fruit Cup	POTATO BAR (White or Sweet) with cheese, chili, veg, crackers <i>Fruit (can choose one of each)</i> Fresh Fruit and Fruit Cup
GRAB 'N GO		Hot Dog on Bun 22 <i>Vegetables (choose many)</i> Fries, Cole Slaw Baked Beans <i>Fruit (can choose one of each)</i> Fresh Fruit and Fruit Cup	¹ Bosco Sticks 23 ² Chili Beans with Beef, crackers <i>Vegetables (choose many)</i> Steamed Corn, BLT Chop Salad <i>Fruit (can choose one of each)</i> Fresh Pineapple and Fruit Cup	¹ Deli Chicken Sandwich ² PBJ or ³ Sunbutter® & Jelly offered with Baked Potato Soup <i>Assorted Veggies (choose many)</i> <i>Fruit (can choose one)</i> Chilled Strawberry Cup	LINE CLOSED TODAY 25
FOREIGN FLARE & HOME COOKING	Hot Dog on Bun <i>Vegetables (choose many)</i> Fries, Cole Slaw Baked Beans <i>Fruit (can choose one of each)</i> Fresh Fruit and Fruit Cup	¹ Bosco Sticks ² Chili Beans with Beef, crackers <i>Vegetables (choose many)</i> Steamed Corn, BLT Chop Salad <i>Fruit (can choose one of each)</i> Fresh Pineapple and Fruit Cup	¹ Deli Chicken Sandwich ² PBJ or ³ Sunbutter® & Jelly offered with Baked Potato Soup <i>Assorted Veggies (choose many)</i> <i>Fruit (can choose one)</i> Chilled Strawberry Cup	¹ Roasted Chicken ² Sliced Ham <i>offered with School Roll</i> <i>Vegetables (choose many)</i> Green Beans, Mashed Potatoes <i>Fruit (can choose one of each)</i> Fresh Fruit and Fruit Cup	Slice of Big Daddy's Pizza <i>Vegetables (choose many)</i> Steamed Broccoli Garden Salad <i>Fruit (can choose one of each)</i> Fresh Fruit and Fruit Cup
SOS Salads & Stuff	Salads: Chef or Gr. Chicken with Crackers, Baked Beans <i>Fruit (can choose one of each)</i> Fresh Fruit and Fruit Cup	Salads: Chef or Grilled Chicken with Crackers <i>Fruit (can choose one of each)</i> Fresh Pineapple and Fruit Cup	Salads: Chef or Grilled Chicken with Crackers <i>Fruit (can choose one)</i> Chilled Strawberry Cup	Salads with Crackers OR PBJ Uncrustable® with Veggies <i>Fruit (can choose one of each)</i> Fresh Fruit and Fruit Cup	POTATO BAR (White or Sweet) with cheese, chili, veg, crackers <i>Fruit (can choose one of each)</i> Fresh Fruit and Fruit Cup
GRAB 'N GO	¹ Popcorn Chicken 29 ² Vegetable Chili, Crackers Red Roasted Potatoes Steamed Broccoli Florets <i>Fruit (can choose one of each)</i> Fresh Fruit and Fruit Cup	¹ Cheeseburger, L/T/P 30 ² Turkey Burger, L/T/P <i>Vegetables (choose many)</i> Green Beans, Corn on the Cob <i>Fruit (may choose one)</i> Chilled Peach Cup	¹ Grilled Cheese ² PBJ 31 ³ Sunbutter® & Jelly Sandwich <i>Vegetables (choose many)</i> Vegetable BEEF Soup, Salad <i>Fruit (may choose one of each)</i> Fresh Grapes and Fruit Cup	<p>First Day of Spring is March 20.</p> <p>Until then let it SNOW</p> 	
FOREIGN FLARE & HOME COOKING	¹ Popcorn Chicken ² Vegetable Chili, Crackers Red Roasted Potatoes Steamed Broccoli Florets <i>Fruit (can choose one of each)</i> Fresh Fruit and Fruit Cup	¹ Cheeseburger, L/T/P ² Turkey Burger, L/T/P <i>Vegetables (choose many)</i> Green Beans, Corn on the Cob <i>Fruit (may choose one)</i> Chilled Peach Cup	¹ Grilled Cheese ² PBJ ³ Sunbutter® & Jelly Sandwich <i>Vegetables (choose many)</i> Vegetable BEEF Soup, Salad <i>Fruit (may choose one of each)</i> Fresh Grapes and Fruit Cup		
SOS Salads & Stuff	Salads: Chef or Grilled Chicken with Crackers <i>Fruit (can choose one of each)</i> Fresh Fruit and Fruit Cup	Salads: Chef or Grilled Chicken with Crackers <i>Fruit (can choose one)</i> Chilled Peach Cup	Salads: Chef Salad or Grilled Chicken Salad with Crackers <i>Fruit (may choose one of each)</i> Fresh Grapes and Fruit Cup		